



The core elements of life; fire, earth, air, and water, are represented in the design and layout of the Four Elements Café restaurant's interior, rightfully so amidst the preparation, serving, and partaking of food. The restaurant emulates the Navajo home, with fire being the heart, and the walls serving as protection. Designed on the café floor, fire serves as the inspiration behind the floor medallion at the entryway. Earth is represented in the wall and ceiling structures just as beautiful as the topography of Navajo land, where the wind (air), the life giver, helped to shape the peaks and plateaus. Water, with its various powers, has formed and carved the many beautiful canyons, lakes, and riverbeds of Diné Bikéyah as illustrated by the café's interior green walls. The beautiful and majestic San Francisco Peaks adorn the western skies as observed from the windows of the café. The light beams hanging inside the café represent the various colors of light emitting from the San Francisco Peaks.

## STARTERS

<b>FRIED ZUCCHINI</b>	<b>\$6.95</b>
<b>FRY BASKET</b>	<b>\$3.00</b>
<b>CHEESE QUESADILLA</b>	<b>\$7.00</b>
<b>CHICKEN QUESADILLA</b>	<b>\$8.50</b>
<b>STEAK QUESADILLA</b>	<b>\$10.00</b>
<b>SOUP OF THE DAY</b>	<b>\$6.95</b>
<b>FRENCH ONION SOUP</b> Crouton   swiss cheese   onion broth	<b>\$6.95</b>
<b>JALAPENO POPPERS</b> Cream cheese filling	<b>\$7.95</b>
<b>BEER BATTERED ONION RINGS</b>	<b>\$5.75</b>
<b>HOUSE SALAD</b> Carrot, cucumber, cherry tomato	<b>\$3.95</b>

### STEAKS AND BURGERS

Source verified Premium Navajo Beef



## BIG SALADS

<b>CAESAR SALAD</b> Romaine   creamy garlic dressing parmesan   herb croutons	<b>\$9.00</b>
<b>WEDGE SALAD</b> Iceberg   tomato   bacon bits garlic herb crumb   rainbow radish choice of dressing	<b>\$9.00</b>

## BURGERS

*Premium Navajo Beef*

*Accompanied with lettuce, tomato, red onion, pickle and your choice of french fries or sweet potato fries*

### BUILD YOUR OWN BURGER **\$10.50**



#### CHOICE OF PROTEIN

Navajo Beef | chicken | salmon  
Impossible burger

#### CHOICE OF THREE

Swiss | cheddar | pepper jack | American  
bleu cheese | provolone | peppers  
mushrooms | bacon | green chili | salsa  
avocado | pico de gallo

Additional toppings 50¢



### FOUR ELEMENTS OPEN FACE **\$10.50**

#### GREEN CHILI BURGER

Fresh 1/2 pound beef patty  
house made green chili sauce  
shredded cheddar | monterey jack cheese  
fry bread

## SANDWICHES

*Served with french fries,  
sweet potato fries or coleslaw*

**CLUB SANDWICH** \$9.50  
Turkey | ham | bacon | tomato  
lettuce | swiss cheese

**STEAK SANDWICH** \$10.95  
Grilled Steak | onion straws  
garlic aioli | hoagie roll

**BLT** \$7.25  
Bacon | lettuce | tomato  
**Add avocado** \$1.00

**REUBEN SANDWICH** \$9.00  
Turkey or corned beef | sauerkraut  
thousand island | swiss cheese | rye bread

**FISH SANDWICH** \$9.50  
Fried cod  
Lettuce | tomato | lemon aioli  
choice of cheese

**FRENCH DIP** \$9.00  
Sliced prime rib | hoagie roll | swiss cheese  
au jus

**CHOICE OF**  
**½ SANDWICH + ½ SOUP OR SALAD** \$9.00  
*Steak Sandwich and Fish Sandwich  
not included*

## PASTAS

*Served with Penne Pasta and garlic toast*

**CHOICE OF SAUCE**  
**Creamy Alfredo** \$6.95  
**Marinara** \$6.95  
**Cajun Cream** \$6.95

**CHOICE OF PROTEIN**  
**Grilled chicken** \$8.95  
**Sautéed shrimp** \$9.95  
**Hickory Smoked Sausage** \$8.95

## ENTREES

*Served with fresh seasonal vegetables and  
baked potato, mashed potatoes or french fries*

 **GRILLED RIB-EYE STEAK** \$19.95  
Served with onion rings

**CHICKEN FRIED STEAK** \$12.95  
Served with pepper gravy

## CHEF SIGNATURES

**FOUR ELEMENTS NAVAJO TACO** \$8.50  
Fry bread | seasoned taco meat  
Chili beans | cheddar cheese  
lettuce | tomatoes | onions

 **SIZZLING FAJITAS** \$12.50  
Choice of chicken, steak or shrimp | peppers  
onions | guacamole | sour cream | salsa  
rice and beans | fry bread or tortillas

**TWIN ARROWS FISH AND CHIPS** \$9.50  
Beer battered Alaskan cod | chips  
coleslaw | tartar sauce | lemon

**CHICKEN POT PIE** \$8.75  
Carrots | peas | onions | celery  
potatoes | herbs | puff pastry

**FISH OR SHRIMP TACOS** 2 FOR \$7.50  
Corn or flour tortillas

*Traditional Favorite*  
**LAMB STEW WITH FRY BREAD** \$8.75

*Save room for our seasonal desserts!*

Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs,  
which may contain harmful bacteria, may increase your risk of foodborne illness or death;  
especially if you have certain medical conditions. 18% Service Charge applied to parties of 6 or more.